

Camp Goal

The goal of this camp is to get the best instruction possible at an affordable price. The cost of attending camps at various colleges is becoming more and more expensive. By offering a day camp, we hope to give more wrestlers an opportunity to get the experience of going to camp.

Questions

If you have questions, contact Billy Baker. Work phone is 828-256-9841 ext. 438, home phone is 828-256-2054. Email address is billy_baker@catawbaschools.net.

Who May Attend?

K-5—We will divide wrestlers according to age and weight.

6-8—We will also divide wrestlers according to age and weight.

7-12—We will also divide wrestlers according to age and weight.

Cost-Grade based on 2012-13 school year.

K-5— The cost will be \$60, *must be received by June 1.*

6-12— The cost will be \$75, *must be received by June 1.*

***Make checks payable to Saint Wrestling.**

Registration

There will be NO onsite registration this year!! Pre-registration only!!

Location

**St. Stephens High School

See Back Side for More Details

Camp Personnel

Billy Baker - Camp Director; Coach, St. Stephens HS

*NC State Champ, 2X All-State

*3 year starter at ASU

*Conf Coach of the Year numerous times

*Charlotte Observer's NC Coach of the Year

*Mat News NC 3A Coach of the Year

Kyle Blevins - ASU Wrestler

*3X OK State Champ

*2X NCAA National Qualifier

*SoCon Tourney MOW & Wrestler of the Year

***2012 NCAA All-American!!!**

Rich Caisse - Coach, Enka HS

*3X State Placer

*HS All-American

*2X SoCon Champion

*2X NCAA Div I National Qualifier

Mike Carey - Head Coach, FT Foard HS

*Conf Coach of the Year & Mat News NC 3A Coach of the Year

*2011 State Tournament Champions

*2013 State Dual Champions

Eddy Clark - Head Coach, Newton-Conover HS

*2013 State Dual Champions

*Conf Coach of the Year numerous times

*NC State Champ; HS All-American

*4 year starter at ASU; SoCon Champ

Elizabeth DeAngelo - Coach, St. Stephens HS

*2X Asics All-American

*US Olympic Training Resident

*Coach of NC Girls Duals Team

Ben Crawford - Head Coach, Newton-Conover MS

*2X State Qualifier @ Newton-Conover HS

Jon Holloway - Former Saint Wrestler

*2X State Qualifier

*State Placer

Colt Howell - Head Coach, Bunker Hill HS

*2X NC State Champion

*4X State Qualifier

Matt Jones - Coach, St. Stephens HS

*Strength and Conditioning Coach

Ian Martin - Former Saint Wrestler; ASU Wrestler

*2X NC State Placer

Butch Ross - Head Coach, West Lincoln HS

*Conf Coach of the Year numerous times

*NC 2A Coach of the Year

*2000 State Dual Team Champs

*2005 State Tourney Runner-ups

Jesus Vazquez - Saint Youth Coach

*4X State Qualifier @ St. Stephens

*3X State Placer

*2X All-State

I hereby consent for my son to participate in the 2013 St. Stephens Wrestling Camp. I do attest that my son, _____, is in good physical health and have no knowledge of any reason why he cannot participate in strenuous activities.

By signing, I do hereby release St. Stephens HS, the staff, SAINT WRESTLING CLUB, and Catawba County Schools from any liability from participation during camp week.

Parent Signature: _____

Date: _____

Name: _____

Address: _____

T-Shirt Size: _____ **Grade:** _____

Experience: _____

Parent/Guardian: _____

Home Phone: _____

Work Phone: _____

Concessions

Snacks and drinks will be available at breaks.

Tuesday - Thursday (schedule will vary w/each group)

8:15—8:30	Arrival
8:30—9:30	1st Drill/Technique Session
9:30—9:45	Break
9:45—10:45	2nd Drill/Technique Session
10:45—11:00	Break
11:00—12:30	3rd Drill/Live Wrestling

What to Bring

- *T-shirts (1 extra), shorts, wrestling shoes, headgear
- *Money for snacks
- *Positive attitude!! Be ready to learn and work hard!!

Learn from some of the best in North Carolina Wrestling!!

11th ANNUAL SAINT WRESTLING CAMP

Kyle Blevins



ALL-AMERICAN

All-American Training

The focus of this camp will be a technique camp and a “training” camp. Emphasis will be placed on proper drilling, live wrestling, and training to be a CHAMPION!

JUNE 11-13

Due to construction on the main gym, there will be pre-registration only for this year!!!

“The time will come when winter will ask, What did you do last summer?”

*Please understand that due to schedule conflicts, the coaching staff could change. However, we guarantee quality instruction every day!!

Tear off this portion and mail to:

Billy Baker
St. Stephens High School
3205 34th St. Dr. NE
Hickory, NC 28601

*Summer Wrestling=
Winter Champion!!!*